

New Apex EMS Chief Takes the Reigns

For close to four decades, Nicky Winstead has been at the helm of Emergency Medical Services in Apex. With retirement looming, his successor is now on board.

Randall Heath began his duties as the new Apex EMS Chief this week. He has more than 23 years of experience in the field, most recently with WakeMed Health and Hospitals.

“The strong support for emergency medical services by the community made this a particularly attractive opportunity and I envision a great future that will make the Town and Chief Winstead proud,” said Heath.

Heath’s final selection occurred after several rounds of intensive interviews from a smaller pool of proven EMS management professionals. Dr. Brent Myers, Medical Director for the Wake County EMS System, assisted in the selection process.

“Randall was ultimately selected because of his considerable management experience, his paramedic skills, his work as an EMS educator and Training Officer, and particularly his experience and understanding of the Wake County EMS and medical community,” said Apex Town Manager Bruce Radford.